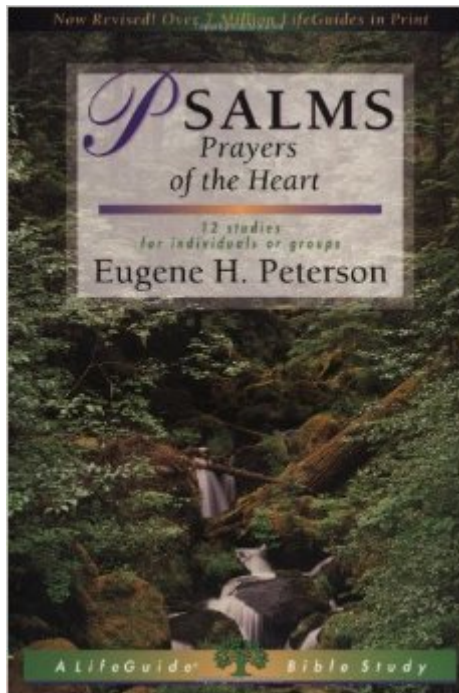


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# PSALMS: Prayers Of The Heart - 12 Studies For Individuals Or Groups (Lifeguide Bible Studies )



## Synopsis

The Psalms show you how to relate to God as you pray your doubt, fears and anger. They show you how to respond to God in praise. Here you find the best place to explore who you are and what God means to you.

## Book Information

Series: Lifeguide Bible Studies

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Average Customer Review: 3.9 out of 5 stars [See all reviews](#) (17 customer reviews)

Best Sellers Rank: #62,869 in Books (See Top 100 in Books) #20 in [Books > Christian Books & Bibles > Ministry & Evangelism > Adult Ministry](#) #122 in [Books > Christian Books & Bibles > Bible Study & Reference > Bible Study > Old Testament](#) #123 in [Books > Religion & Spirituality > Worship & Devotion > Prayer](#)

## Customer Reviews

The review below refers to this work as a "calendar devotion," when in fact it is a bible study. It contains twelve studies, each based on one psalm. The study explores Psalms 1, 2, 3, 8, 51, 103, 23, 137, 6, 73, 90, 150. As with all of Peterson's work, you will find many great insights, as well as be led to discover your own insights.

Some friends and I decided to do this study following a study of the life of King David, The story of David can seem harsh, but to balance it with a study of the Psalms can give some perspective. Even though originally published in 1987 (revised and reprinted in 2000) this study has given remarkable insight in today's world as if it were a commentary on life today, but with truth and wisdom. It's simple to follow and will work well for group or individual study. The Introduction is worth the purchase of the book. Though only 12 Psalms are studied in this book, the principles for studying all the Psalms are laid out in the Introduction.

This is a nice introduction into the Psalms. Used the study guide as ... well, a guide and did more research on my own. Some of the people in our study had a hard time figuring out where the author was trying to take them. Some of the questions were irrelevant. In any case, we are finishing up this week and it was OK.

using it in a small group and we are really enjoying it. very thought provoking. the author does a very good job of presenting these 12 individual psalms in a way that makes you think "outside the box"

Many of the questions in this study are closed ended. They are leading into one way of thinking, and do not promote open discussion. Once the obvious is stated, we look at each other and have a "now what?" moment and then...move on. If the questions were rewritten with a few little tweaks using higher level thinking questioning (which I'm starting to do myself for my class), I would rate this book a 5. The lesson flow is really set up well.

A book that teaches itself, would recommend using this and many others in the series, for small group study and discussion. Best used with a moderator to lead discussion, but other than each participant doing the lesson, no further teacher preparation required. Leader information in back of book helps the moderator guide discussion.

Eugene Peterson is a scholar with a pastor's heart. His writings on the psalms, including this one have been inspiring and informative.

worked very well for a small group older adults in Sunday School who wanted a self-led series.

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